


September 2023



Reservations and Cancellations:

Please call (209) 365-0572, at least 24 hours in advance if you would like to join us for lunch, cancel your reservation, or cancel your LOEL Home Delivered Meal.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| <p>\$4.00 Suggested Lunch Contribution If you are unable to make a contribution, please consider contributing whatever you can. No one will be denied a meal if they are unable to contribute. Lunch is served daily at 11:30 AM. ~ Vitamin A Source * Vitamin C Source ^S Meal contains >1000mg Sodium VEG Vegetarian Unspecified fruit will contain a minimum of 25mg Vitamin C. 1% Milk is provided with each meal. Each meal meets 1/3 daily nutritional requirement.</p> | | | | <p>1 Chinese Chicken Salad Cabbage w/Carrots & Red Bell Peppers Shredded Chicken Toasted Almonds Asian Sesame Dressing ~Carrot Raisin Salad *Mandarin Oranges Chocolate Pudding Whole Wheat Roll w/Butter 1% Milk</p> |
| <p>4 CLOSED </p> | <p>5 Chicken Strips ^S ~*Broccoli Salad ~*Vegetable Medley BBQ Sauce Fruit Tater Tots 1% Milk</p> | <p>6 Sliced Roast Beef Mashed Potatoes Brown Gravy ~Steamed Spinach *Fresh Strawberries Whole Wheat Roll Butter 1% Milk</p> | <p>7 Clam Chowder ~Summer Salad Beets Quinoa Dressing *Fresh Orange Sourdough Roll Butter 1% Milk</p> | <p>8 BBQ'd All Beef Hot Dog^S WW Hot Dog Bun Baked Beans ~Peas & Carrots *Ambrosia Salad Diced Onion 1% Milk</p> |
| <p>11 Beef Soft Tacos Flour Tortilla Seasoned Ground Beef Lettuce Tomatoes, cheese ~Steamed Carrots *Whole Wheat Berry Cobbler 1% Milk</p> | <p>12 *Pepper Steak w/Bell Peppers Mashed Potatoes ~*Roasted Broccoli & Squash Whole Wheat Roll *Fresh Strawberries Butter 1% Milk</p> | <p>13 Cheeseburger Ground Beef Patty Cheddar Cheese Slice Whole Wheat Bun Lettuce & Tomato Tater Tots ~Carrot Sticks Ranch Dressing *Mandarin Oranges 1% Chocolate Milk</p> | <p>14 Tuna Melt on Whole Wheat Whole Wheat Bread Tuna Provolone Cheese ~Mixed Vegetables Tomato & Cucumber Salad *Pineapple Spear 1% Milk</p> | <p>15 ~Minestrone Garden Salad Garbanzo Beans Dressing *Cantaloupe Hard Boiled Egg 1% Milk VEG</p> |
| <p>18 BBQ Pulled Pork Sandwich BBQ Pulled Pork Slider Bun *Steamed Broccoli Coleslaw Watermelon 1% Chocolate Milk</p> | <p>19 Roasted Turkey ^S Mashed Potatoes Turkey Gravy ~Mixed Veggies *Fruit Salad Whole Wheat Roll Butter 1% Milk</p> | <p>20 Crab Salad on Croissant ~*Broccoli Salad Cottage Cheese *Pineapple Whole Grain Oatmeal Cookie 1% Milk</p> | <p>21 Swedish Meatballs ~Sweet Potato Mash ~*Steamed Spinach *Honeydew Whole Wheat Roll Butter 1% Milk</p> | <p>22 Chicken Tacos Shredded Chicken Taco Shells Lettuce, Cheese, Tomatoes Sour Cream Black Beans Seasoned Brown Rice *Orange Juice 1% Milk</p> |
| <p>25 Seasoned Pollock w/Polenta Mediterranean Seasoned Pollock Cheesy Polenta ~*Vegetable Medley *Fruit Salad Whole Wheat Roll Butter 1% Milk</p> | <p>26 Beef Stroganoff Buttered Noodles ~*Steamed Spinach Peach Crisp *Fresh Honeydew 1% Milk</p> | <p>27 Fish & Chips Battered Cod Filet Tater Tots *Broccoli Salad ~Apricot Halves Whole Wheat Roll Butter Lemon Wedge 1% Milk</p> | <p>28 Spaghetti with Meat Sauce ~Green Salad Garbanzo Beans Balsamic Dressing *Vegetable Medley *Fresh Seasonal Fruit Garlic Bread 1% Milk</p> | <p>29 Tuna Casserole Roasted Squash & Cauliflower *Mandarin Oranges Chocolate Oatmeal Bars 1% Chocolate Milk</p> |