

September 2023

A private non-profit 501 c3 organization

www.loelcenter.net

Bus Trip to Apple Hill Thursday, October 26th, 2023

Bus leaves LOEL @ 8:00 a.m. returns 5:00 p.m.

*Bus will make stops at the following:
High Hill Ranch and lunch at Apple Ridge Farms*



Cost of the Bus Trip \$45.00—Lunch cost is on your own.



*Payments are non-refundable
Last day to purchase is October 12th
Call the Center or stop by the front desk
to reserve your spot.*

Medicare Presentation

Health Insurance Counseling
Advocacy Program

(HICAP) is here to help you!

Thursday, October 19th , 10:00 a.m.

A representative from HICAP will be at
LOEL Senior Center for a
presentation and a Q & A session.

Sign-ups are not required to attend.

HICAP-Health Insurance Counseling and Advoca-
cacy Program is an advocacy program that is
federally funded and **not** associated with
insurance reps/brokers.

LOEL's Wish List:

\$400.00 to purchase a new "Smart TV"
for viewing over our newly constructed coffee
bar. The TV will allow us to show
our daily menu, current events
and various programs.



Community Garden Workshop

Thursday, September 21 @ 10:00 a.m.

Topic—How to Improve Soil Health

*Topic will focus on non-chemical methods of increasing
soil health and weed control.*

All workshops are 1 hour, open to all individuals

No signups required



Services offered at LOEL

For more information about any of these services,
Call the front desk 209-369-1591

Blood Pressure Checks

Tuesdays at 9:00 a.m. Walk-ins are welcome.

Brain Builders

This class meets 2nd & 4th Thursday
Reservation Required!

HICAP

(Health Insurance Counseling for Medicare)
Call Dianna (209) 470-7812
By appointment only—this is a free service

In-Touch Calling

Personal phone calling service that
telephones seniors who live alone in the
greater Lodi area.

Para Legal Services

Para Legal services are available on the first
Thursday of each month by El Concilio
By appointment only

Notary Services

Services are by appointment only.

Meals On Wheels

This program is available for seniors who
are 60 or older, live in the greater Lodi area
and are homebound. For more information
call 209-365-0572.

Mobile Farmers Market

Stockton Emergency Food Bank visits
2nd Wednesday of every month @ 10:30
Bring your own bags.

Fridays Frozen Meals

Stop by and purchase a frozen meal
12:00p.m. \$4.00 per meal

July Donations

Amy Morita
Arden Cademartori
Audrey Smith
Betty Smith
Emanuel Lutheran Church
Erik Roget
Facebook
Foster Lumber
Gerald & Virginia Houtsma
Harold & Bernice Rohrbach
Heart & Hand—Grace Point Church
Jan Talken
Jo Alice Kamrar
Karolyn Jones—thru United Way
Kelley Luiz
LaVonne Kolb
Margaret Jones—thru United Way
Mark Wallace—thru United Way
Mike Figone
Dr. Ram & Radhika Rao
Ray & Janet Berreth
Rita Plummer
Roberts Retirement Group
Ron & Karen Williams
Sharon Balding
St. Peter Lutheran Church
Steven Paoletti
Zola Liner

In Memory of:

Charles Roosma
From: Melitta Heli

Harold Hood
From: Amy Morita

Linda Faria
From: Bobby Jo Grefsheim

Thank you to the "Family Foundation" for their generous
donation to our meals programs

Thank you to Dale Hjort for thinking of LOEL in his Estate.
We received a very generous donation at his passing.

Thank you!

**LOEL will be closed for the Labor Day
Holiday— September 4th.**



September

Activities

Hours Of Operation

Monday-Thursday: 8:00 a.m.- 4:00 p.m.

Friday: 8:00 a.m.-1:00 p.m.

Phone Number: (209) 369-1591

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Line Dancing Beg 9:30 Adv 10:30 Knitting/Crochet (all levels 9:00)
4 CLOSED 	5 Exercise 8:30 Dup Bridge 12:15 *Bingo 1:00	6 Exercise 8:30 Mah-Jongg 10:00 *Tai Chi 2:00	7 Exercise 8:30 Para Legal Services Poker 12:00 Pickleball 1:00	8 Line Dancing Beg 9:30 Adv 10:30 Knitting/Crochet (all levels 9:00)
11 Exercise 8:30 Hand & Foot 9:00 Trump Whist 1:00 Mexican Train 12:30 Yoga 2:00	12 Exercise 8:30 Dup Bridge 12:15 *Bunco 1:00	13 Exercise 8:30 Mah-Jongg 10:00 Mobile Market 10:30 *Tai Chi 2:00	14 Exercise 8:30 Brain Builders 9:30 Poker 12:00	15 Line Dancing Beg 9:30 Adv 10:30 Knitting/Crochet (all levels 9:00)
18 Exercise 8:30 Hand & Foot 9:00 Trump Whist 1:00 Mexican Train 12:30 Yoga 2:00	19 Exercise 8:30 Dup Bridge 12:15 *Bingo 1:00	20 Exercise 8:30 Mah-Jongg 10:00 *Tai Chi 2:00	21 Exercise 8:30 Poker 12:00 Pickleball 1:00 Book Buddies 1:00	22 Lind Dancing Beg 9:30 Adv 10:30 Knitting/Crochet (all levels 9:00)
25 Newsletter Folding 8:00 Exercise 8:30 Hand & Foot 9:00 Trump Whist 1:00 Mexican Train 12:30 Yoga 2:00	26 Exercise 8:30 Dup Bridge 12:15 *Bunco 1:00	27 Exercise 8:30 Mah-Jongg 10:00 *Tai Chi 2:00	28 Exercise 8:30 Brain Builders 9:30 Poker 12:00	29 Line Dancing Beg 9:30 Adv 10:30 Knitting/Crochet (all levels 9:00)
* Fee associated with activity				

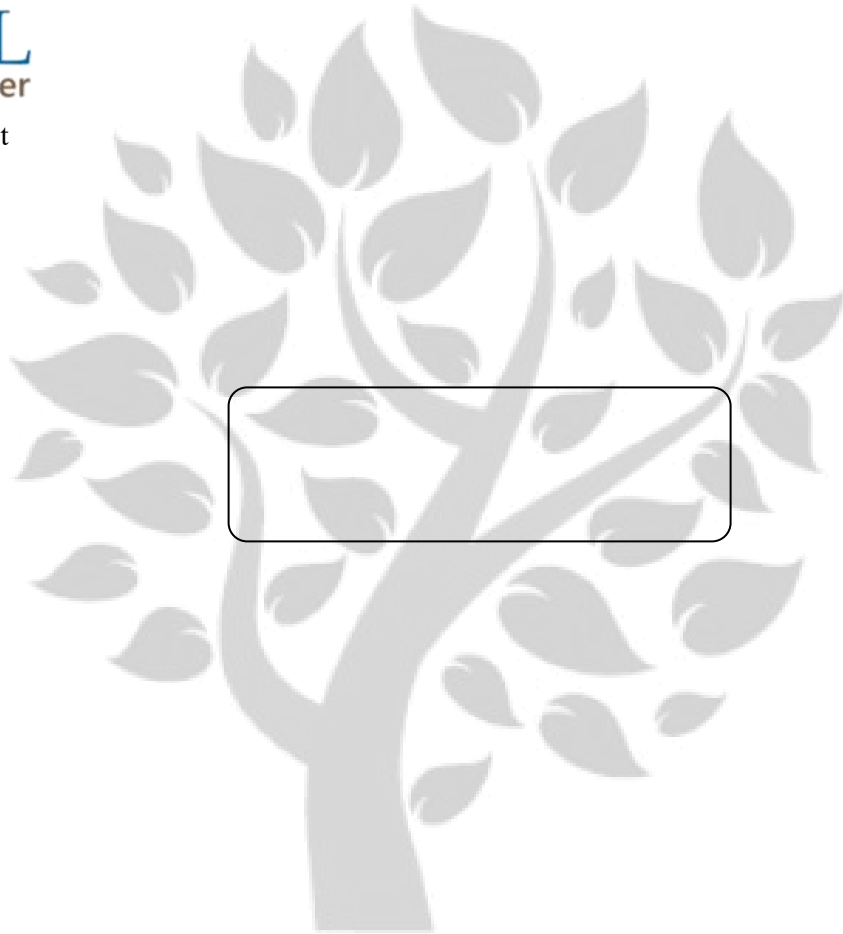
LOEL SENIOR CENTER STAFF: Marj Schrenk, Cynthia Bohren, Victoria Wattenbarger, Chris Jacobson, David La Franchi, Curtis Booher, Robin Hackler, Dawn Carvalho, Mike Twitty, Tina Mercer, Gonzalo Delgado, Yvonne Porras Torres



105 South Washington St
Lodi, CA 95240

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RED ALERT Emergency Information:

**RED ALERT
EMERGENCY MAGNET**

In partnership with Lodi Police Department and Lodi Fire Department and the City of Lodi Senior Commission, we are giving away Emergency Magnets to place on your refrigerators along with an emergency information sheet.

Emergency personal are trained to look for these magnets/information sheets inside your home on the refrigerator in the event you are unable to provide the necessary information to emergency responders.

Stop by the Center to pick up your emergency magnet and information sheet for "free".

Puzzle Library

Jigsaw puzzles are a timeless form of entertainment for people of all ages. Doing a puzzle, exercises the area of the brain that stores memories. Puzzles can be done alone or with a group: stop by our library to pick up a puzzle for free.