



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>\$4.00 Suggested Lunch Contribution If you are unable to make a contribution, please consider contributing whatever you can. No one will be denied a meal if they are unable to contribute. Lunch is served daily at 11:30 AM.</p> <p>~ Vitamin A Source * Vitamin C Source ^S Meal contains >1000mg Sodium VEG Vegetarian Unspecified fruit will contain a minimum of 25mg Vitamin C. 1% Milk is provided with each meal. Each meal meets 1/3 daily nutritional requirement.</p>		<p>1</p> <p>Chicken & Wild Rice Soup ~Steamed Carrots Cottage Cheese *Pineapple Sourdough Roll *Ambrosia Butter 1% Milk</p>	<p>2</p> <p>Garden Burger Whole Wheat Bun Lettuce, Tomato, Onion ~Sweet Potato Waffle Fries *Steamed Broccoli Fresh Apple 1% Milk</p> <p>VEG</p>	<p>3</p> <p>Bratwurst^S Roasted Red Potatoes Sauerkraut ~Steamed Carrots *Pineapple Whole Wheat Roll Butter 1% Milk</p>
<p>6</p> <p>Chicken Strips ^S BBQ Sauce Packet ~Vegetable Medley Mashed Potatoes Chicken Gravy *Mandarin Oranges 1% Chocolate Milk</p>	<p>7</p> <p>Ham & Scalloped Potatoes Sliced Ham Scalloped Potatoes ~*Mixed Vegetables Whole Wheat Roll *Seasonal Fruit Butter 1% Milk</p>	<p>8</p> <p>Lemon Baked Fish Rice Pilaf *Steamed Spinach ~Apricot Halves Whole Wheat Roll Butter 1% Milk</p>	<p>9</p> <p>Chicken Fried Steak^S Mashed Potatoes Country Gravy ~Steamed Carrots Whole Wheat Roll *Seasonal Fruit Butter 1% Milk</p>	<p>10</p> <p>CLOSED</p> 
<p>13</p> <p>Liver & Onions Mashed Potatoes Brown Gravy *Steamed Broccoli ~*Cantaloupe Whole Wheat Roll Butter 1% Milk</p>	<p>14</p> <p>Chicken Enchiladas Spanish Rice Refried Beans ~Steamed Carrots *Orange Salsa 1% Milk</p>	<p>15</p> <p>Shephards' Pie ~*Roasted Broccoli & Squash Whole Wheat Roll Jello *Seasonal Fruit Butter 1% Milk</p>	<p>16</p> <p>Spaghetti w/Meat Sauce ~Vegetable Medley Green Salad Beans Dressing *Seasonal Fruit Garlic Bread 1% Milk</p>	<p>17</p> <p>Beef Tacos Seasoned Ground Beef ~Roasted Carrots Corn Tortillas *Whole Wheat Berry Crisp Lettuce, Tomato, Cheese Salsa 1% Milk</p>
<p>20</p> <p>Filet of Fish Sandwich Breaded Fish Patty Bun Tartar Sauce Brown Rice w/Quinoa ~Peas & Carrots *Mixed Melon Salad 1% Chocolate Milk</p>	<p>21</p> <p>Chicken Piccata Brown Rice ~Peas & Carrots Whole Wheat Roll *Fresh Strawberries Jello Butter 1% Milk</p>	<p>22</p> <p>Roasted Turkey Dinner Turkey, Mashed Potatoes Turkey Gravy Stuffing Seasoned Green Beans Whole Wheat Roll *Mandarin Oranges Cranberry Sauce Butter Pumpkin Pie 1% Milk</p>	<p>23</p> <p>24</p> <p>CLOSED</p> <p>HAPPY THANKSGIVING!</p> 	
<p>27</p> <p>Chicken Cordon Bleu^S Cheesy Polenta ~Sauteed Squash Honey Wheat Roll ~*Melon Salad Butter 1% Milk</p>	<p>28</p> <p>Italian Sausage & Peppers *Sausage w/Bell Peppers & Penne in Marinara *Roasted Broccoli Garlic Bread Chocolate Pudding 1% Milk</p>	<p>29</p> <p>Beef Stew Garlic Mashed Potatoes *Steamed Spinach Whole Wheat Roll ~*Creamy Coleslaw Grapes Butter 1% Milk</p>	<p>30</p> <p>Beef Lasagna Steamed Corn ~Caesar Salad Caesar Dressing *Fresh Orange Garlic Bread 1% Milk</p>	