

105 S. Washington Street Lodi, CA 95240 (209) 369-1591

www.loelcenter.org

September 2024

LOEL Foundation is a private non-profit 501c3

Bus Trip to Apple Hill Friday, October 25, 2024

Bus leaves LOEL @ 8:00 a.m. returns 5:00 p.m.
Bus will make stops at the following:
High Hill Ranch and lunch at Apple Ridge Farms



Cost of the Bus Trip \$45.00—Lunch cost is on your own.



Payments are non-refundable Last day to purchase is October 11th Call the LOEL Center or stop by the front desk to reserve your spot.



Hospice of San Joaquin Workshop

Join us on Wednesday, September 18th at 1:00 pm for:

Hospice of San Joaquin and Pacific Palliative Care—will inform you of their programs, and benefits for hospice and palliative care.

This workshop will help you understand programs and services offered by Hospice of San Joaquin, the original not for profit in San Joaquin County. You will learn what is provided under each program, understand how your benefits cover the care and services, and how to access care.

Sign-ups are not required to attend.



SAVE THE DATE

Saturday, November 2, 2024

Location: Pavilion—Grape Festival Grounds Doors open at 5:00 pm, Dinner at 6:00 pm, Dancing until 10:00 pm

> Tickets are \$150.00 per person Price includes:

Hosted beer & wine, whole lobster, shrimp, sausage, artichoke, potato, corn, bread and ice cream for dessert.

No host bar also available.

This is a sell out event!

This fundraiser benefits our Meals programs.

Please call 209-369-1591 for tickets.

Services offered at LOEL

For more information about any of these services, Call the front desk 209-369-1591

Blood Pressure Checks

Tuesdays at 9:00 a.m. Walk-ins are welcome.

Brain Builders

This class meets 2nd & 4th Thursday *Reservation Required!*

HICAP

(Health Insurance Counseling for Medicare)
Call Dianna (209) 470-7812
By appointment only

In-Touch Calling

Personal phone calling service that telephones seniors who live alone in the greater Lodi area.

Para Legal Services

Para Legal services are available on the first Thursday of each month by appointment only.

Notary Services

Services are by appointment only.

Meals On Wheels

This program is available for seniors who are 60 or older, live in the greater Lodi area and are homebound. For more information call 209-365-0572.

Mobile Farmers Market

Stockton Emergency Food Bank visits 2nd Wednesday of every month @ 10:30 Bring your own bags.

Fridays Frozen Meals

Stop by and purchase a frozen meal 12:00 p.m. \$4.00 per meal (limit 4)

Thank you for donations made in July:

Amy Morita **Audrey Smith** Steven & Sharon Paoletti **Terry Cummings** Foster Lumber Mary Holden **Christopher Harris** Jo Alice Kamrar Dr. Ram & Radhika Rao Irma Rodriquez Ronald & Karen Williams Arden Cademartori Lodi Services Heat & Cooling, Inc. Gerald & Virginia Houtsma Lucille Yamamoto Children's Dream Works Roberts Retirement Group St. Peter Lutheran Church Clements-Lockeford Lions Club Amarjit & Raghubir Bisla Foster Family Charitable Foundation

Donations made in memory :

<u>Harold Rohrbach</u> from: Henry & Esther Schoch

<u>Andrew Rodrigues</u> from: Joyce Laub

> Gerri Hunter from: Matt Hunter

LOEL will be closed for the Labor Day Holiday— Monday, September 2nd



LOEL FOUNDATION BOARD OF DIRECTORS: Loris Bakken, Kate Diehl, Daphne Felde, Ryan Holz, Tim Ortegel, Ralph Cesena, Mark Wallace, Tod Patterson, Jennifer Miller

September

Hours Of Operation

Monday-Thursday: 8:00 a.m.- 4:00 p.m. Friday: 8:00 a.m.-1:00 p.m.

Phone Number: (209) 369-1591

Activities

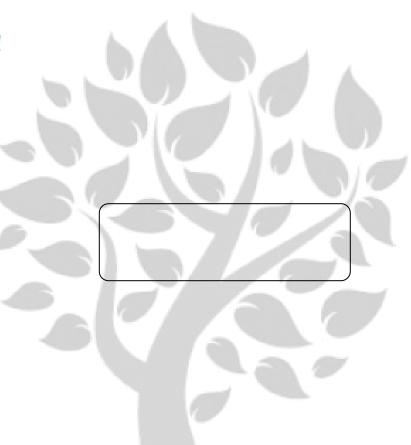
| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| Closed for | Exercise 8:30 Dup Bridge 12:15 *Bingo 1:00 | Exercise 8:30 Mah-Jongg 10:00 *Tai Chi 2:00 | Exercise 8:30 Para Legal Poker 12:00 Pickleball 1:00 | Line Dancing Beg 9:30 Adv 10:30 Knitting/Crochet 9:00 |
| 9 Exercise 8:30 Hand & Foot 9:00 Trump Whist 12:30 Mexican Train 12:30 Yoga 2:00 | Exercise 8:30 Dup Bridge 12:15 *Bunco 1:00 | Exercise 8:30 Mah-Jongg 10:00 Mobile Market 10:30 *Tai Chi 2:00 | Exercise 8:30 Brain Builders 9:30 Poker 12:00 | Line Dancing Beg 9:30 Adv 10:30 Knitting/Crochet 9:00 |
| Exercise 8:30 Hand & Foot 9:00 Trump Whist 12:30 Mexican Train 12:30 Yoga 2:00 | Exercise 8:30 Dup Bridge 12:15 *Bingo 1:00 | Exercise 8:30 Mah-Jongg 10:00 Hospice of San Joaquin Workshop 1:00 *Tai Chi 2:00 | Exercise 8:30 Poker 12:00 Book Buddies 1:00 Pickleball 1:00 | Line Dancing Beg 9:30 Adv 10:30 Knitting/Crochet 9:00 |
| Newsletter Folding 8:00 Exercise 8:30 Hand & Foot 9:00 Trump Whist 12:30 Mexican Train 12:30 Yoga 2:00 | Exercise 8:30 Dup Bridge 12:15 *Bunco 1:00 | Exercise 8:30 Mah-Jongg 10:00 *Tai Chi 2:00 | Exercise 8:30 Brain Builders 9:30 Poker 12:00 | Line Dancing Beg 9:30 Adv 10:30 Knitting/Crochet 9:00 |
| Exercise 8:30 Hand & Foot 9:00 Trump Whist 12:30 Mexican Train 12:30 Yoga 2:00 | 8-6 | APP | FAL | |

^{*} Fee associated with activity

LOEL SENIOR CENTER STAFF: Janelle Wilkinson, Rose Juarez, Cheri Marcus, Victoria Wattenbarger, Curtis Booher, Robin Hackler, Dawn Carvalho, Mike Twitty, Tina Mercer, Gonzalo Delgado, Yvonne Porras Torres, Anson Souza



Lodi, CA 95240



Non-Profit Org. U.S. Postage **PAID** Lodi, CA Permit #16

Return Service Requested

University of the Pacific SCHOOL OF PHARMACY PRESENTS:

MEDICARE HEALTH FAIR FOR SENIORS SUNDAY, October 20, 2024 LOCATION: LOEL SENIOR CENTER 10:00 A.M. TO 4:30 P.M.

NO COST HEALTH SERVICES:

- Review of your Medicare Part D Plan to see if we can lower your medication costs
 - Review of your medications to ensure they are safe to take together
 - Certain immunizations
 - Blood pressure * Bone Density * Cholesterol * Fall Risk Assessment

Appointments are recommended For help with your Medicare Part D Plan or a complete review of your medications, please call 209-369-1591 to make your appointment.

Puzzles in the LOEL Library

Jigsaw puzzles are a timeless form of entertainment for people of all ages. Doing a puzzle, exercises the area of the brain that stores memories. Puzzles can be done alone or with a group: stop by our library to pick up a puzzle or book to borrow.

