



105 South Washington St  
Lodi, CA 95240

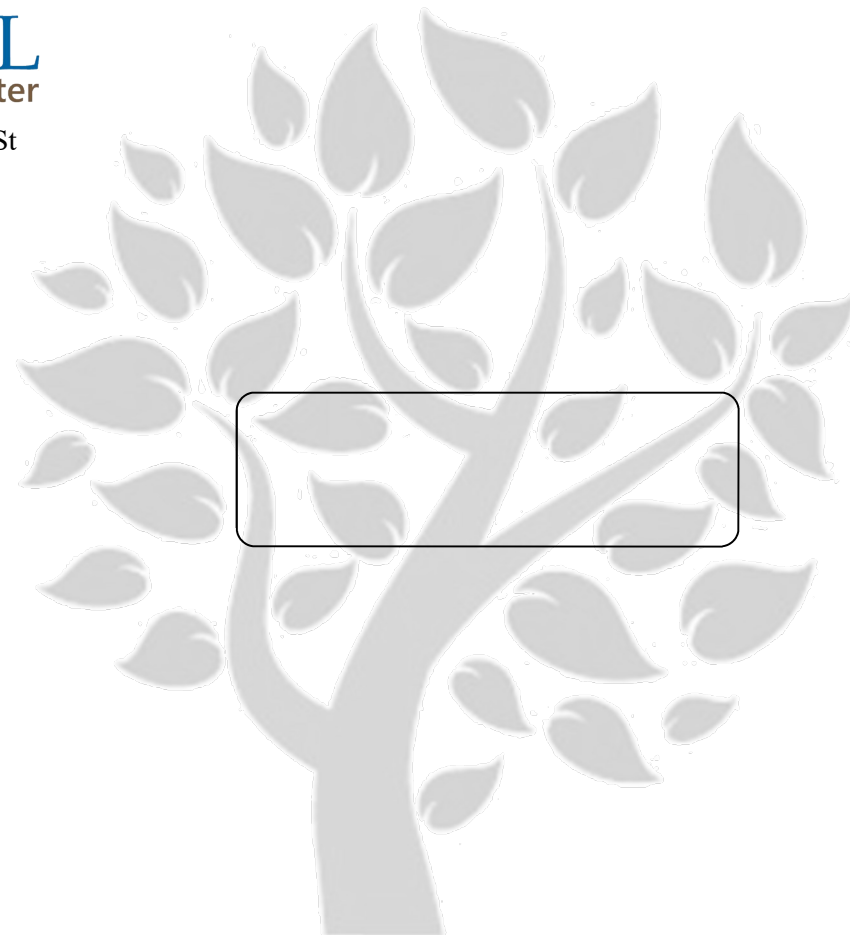
Non-Profit Org.  
U.S. Postage  
PAID  
Lodi, CA  
Permit #16

Return Service Requested



105 S. Washington Street  
Lodi, CA 95240  
209.369.1591

www.loelcenter.org



**October 2024** **LOEL Foundation is a private non-profit 501c3**



*Dessert Social  
with WelbeHealth*

**LOEL Senior Center**  
**MONDAY, October 28**  
**12:00 Noon to 1:00 p.m.**

WelbeHealth is a Program of All-inclusive Care for the Elderly (PACE) Full-service healthcare that helps you live your life healthy and happy in your own home. Join WelbeHealth for a desert social and learn how to make Senior healthcare simple.

To RSVP please call 209.369.1591



*Dial-A-Ride  
Bus Transportation Workshop*  
**LOEL Senior Center**  
**TUESDAY, October 22**  
**10:00 a.m.**

*Need assistance getting around town?*

*Join us as we learn how the GrapeLine is designed to make getting around town easier.*

*Sign-ups are not required to attend*



**COME & JOIN US!**



**Saturday, November 2, 2024**  
**The Pavilion**  
**at the Grape Festival Grounds**

Doors open at 5:00 p.m.  
Dinner at 6:00 p.m.  
Dancing until 10:00 p.m.

**Tickets are \$150.00 per person**

Price includes:  
whole lobster, shrimp, sausage, artichoke, potato, corn, bread and ice cream for dessert.

Hosted beer & wine  
No host bar also available

**This is a sell out event!**

This fundraiser benefits our Meals programs.

Please call 209.369.1591 for tickets

**Bus Trip to Apple Hill**

**FRIDAY, October 25**

**Bus leaves LOEL @ 8:00 a.m.**  
**returns 5:00 p.m.**

*Bus will make stops at High Hill Ranch and lunch at Apple Ridge Farms*

**Bus Trip \$45.00**

*Lunch cost is on your own. Payments are non-refundable*

**Last day to purchase is October 11**  
**Call the LOEL Center or stop by the front desk to reserve your spot**



The Empowered Caregiver Series  
**"Building Foundations of Caregiving"**

**LOEL Senior Center**  
**Thursday, October 24**  
**10:00 a.m.—11:30 a.m.**

Caring for someone living with dementia brings a unique set of challenges and rewards. With the right help and support, you can empower yourself to provide quality care while managing your well-being.

**This program is provided by the Alzheimer's Association**

*Sign-ups are not required to attend*

### Medicare Presentation

Health Insurance Counseling Advocacy Program (HICAP) is here to help you!

LOEL Senior Center

**Thursday, October 17 at 10:00 a.m.**  
**(Introduction to HICAP)**

**Thursday, October 31 at 10:00 a.m.**  
**(Medicare Insurance for SJ County info session)**

Please join HICAP (Health Insurance Counseling & Advocacy Program) your local SHIP (State Health Insurance Program) for an Informational presentation about HICAP services and the upcoming Medicare Annual Enrollment Period.

*Sign-ups are not required to attend*

## Services offered at LOEL

For more information about any of these services  
Call the front desk 209.369.1591

### Blood Pressure Checks

Tuesdays at 9:00 a.m.  
**Walk-ins are welcome**

### Brain Builders

This class meets 2nd & 4th Thursday  
**Reservation Required**

### HICAP

(Health Insurance Counseling for Medicare)  
Call Dianna 209.470.7812  
**By appointment only**

### In-Touch Calling

Personal phone calling service that  
telephones seniors who live alone in the  
greater Lodi area.

### Para Legal Services

Para Legal services are available on the  
1st Thursday of each month  
**By appointment only**

### Notary Services

**Services are by appointment only**

### Meals On Wheels

This program is available for seniors who  
are 60 or older, live in the greater Lodi area,  
and are homebound.

**For more information call 209.365.0572**

### Mobile Farmers Market

Stockton Emergency Food Bank visits on the  
2nd Wednesday of every month  
At 10:30 a.m.

### Fridays Frozen Meals

Stop by and purchase a frozen meal  
12:00 noon \$4.00 per meal (limit 4)

## Thank you for donations made in August

Amy Morita  
Audrey Smith  
Carlotta Perez  
Carolyn Hushour  
Cortopassi Family Foundation  
Dolores Kroutch  
Dr. Ram & Radhika Rao  
Elaine Preszler  
Erik Roget  
Foster Lumber  
Gerald & Virginia Houtsma  
Harold & Bernice Rohrbach  
Hugh Can Do  
John Higgins  
Julia Ann Smith  
June Mills  
Kenneth & Nancy Mullen  
Letha Dickerson  
Roberts Retirement Group  
Ronald & Karen Williams  
St. Peter Lutheran Church  
Steven Paoletti

### Donations made... in memory of Henry Geiszler

Arlene Farley  
Polly Naylor

### in memory of Lyla Ragar

Carol McNeal  
Faye LeClair  
Linda Underwood  
Mary Andres  
Patricia Netherda

### in memory of LeDean Haberman

Esther Schoch

### Raffle to Riches Winners!

**1st Ruth K.  
2nd Robin B.  
3rd Charles S.**

*congratulations!*

**We raised \$9,145**

# October

## Activities

**UPDATED!**

### Hours Of Operation

Monday-Thursday: 8:00 a.m.- 4:00  
p.m.  
Friday: 8:00 a.m.-1:00 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Exercise 8:30 <b>BloodPressure 9:00</b> Dup Bridge 12:15 *Bingo 1:00	2 Exercise 8:30 Mah-Jongg 10:00 *Tai Chi 2:00	3 Exercise 8:30 <b>ParaLegal 9:00</b> Poker 12:00 Pickleball 1:00	4 Knitting/Crochet (all levels) 9:00 Line Dancing Beg 9:30 Adv 10:30
7 Exercise 8:30 Hand & Foot 9:00 Trump Whist 12:30 Mexican Train 12:30 Yoga 2:00	8 Exercise 8:30 <b>BloodPressure ***Cancelled***</b> Dup Bridge 12:15 *Bunco 1:00	9 Exercise 8:30 Mah-Jongg 10:00 <b>Mobile Market 10:30</b> Bridge 12:30 *Tai Chi 2:00	10 Exercise 8:30 Brain Builders 9:30 Poker 12:00	11 Knitting/Crochet (all levels) 9:00 Line Dancing Beg 9:30 Adv 10:30
14 <b>Newsletter Prefold</b> Exercise 8:30 Hand & Foot 9:00 Trump Whist 12:30 Mexican Train 12:30 Yoga 2:00	15 <b>Newsletter Prefold</b> Exercise 8:30 BloodPressure 9:00 Dup Bridge 12:15 *Bingo 1:00	16 Exercise 8:30 Mah-Jongg 10:00 *Tai Chi 2:00	17 Exercise 8:30 <b>HICAP Medicare Introduction 10:00</b> Poker 12:00 Book Buddies 1:00 Pickleball 1:00	18 Knitting/Crochet (all levels) 9:00 Line Dancing Beg 9:30 Adv 10:30
21 <b>Newsletter Final</b> Exercise 8:30 Hand & Foot 9:00 Trump Whist 12:30 Mexican Train 12:30 Yoga 2:00	22 Exercise 8:30 <b>BloodPressure 9:00</b> <b>Dial-A-Ride Workshop 10:00</b> Dup Bridge 12:15 Newcomer's Pinochle 12:30 *Bunco 1:00	23 Exercise 8:30 Mah-Jongg 10:00 Bridge 12:30 *Tai Chi 2:00	24 Exercise 8:30 Brain Builders 9:30 <b>Alzheimer's Caregiver Services 10:00</b> Poker 12:00	25 <b>APPLE HILL TRIP</b> Knitting/Crochet (all levels) 9:00 Line Dancing Beg 9:30 Adv 10:30
28 Exercise 8:30 Hand & Foot 9:00 <b>Dessert Social with WelbeHealth 12:00</b> Trump Whist 12:30 Mexican Train 12:30 Yoga 2:00	29 Exercise 8:30 <b>BloodPressure 9:00</b> Dup Bridge 12:15	30 Exercise 8:30 Mah-Jongg 10:00 *Tai Chi 2:00	31 Exercise 8:30 <b>HICAP Medicare Workshop 10:00</b> Poker 12:00	

\* Fee associated with activity

LOEL FOUNDATION BOARD OF DIRECTORS: Loris Bakken, Kate Diehl, Daphne Felde, Ryan Holz, Tim Ortegel,  
Ralph Cesena, Mark Wallace, Tod Patterson, Jennifer Miller

LOEL SENIOR CENTER STAFF: Janelle Wilkinson, Rose Juarez, Cheri Marcus, Victoria Wattenbarger, Curtis Booher,  
Robin Hackler, Dawn Carvalho, Mike Twitty, Tina Mercer, Gonzalo Delgado, Yvonne Porras Torres, Anson Souza