

October

Reservations & Cancellations:

Please call **(209) 365-0572**, up to 7 days in advance if you would like to join us for lunch. Please call at least 24 hours in advance to cancel your reservation, or cancel your Home Delivered Meal.

				ed Meat.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
\$4.00 Suggested Lunch	1	2	3	4
Contribution.	Beef Stroganoff	BBQ Pork Ribs	Chicken Cordon Bleu	Chicken Picante
	Buttered Noodles	Mac and Cheese	Mash Potato	Brown Rice
Lunch served daily at	~Brussels Sprout	~Steamed Broccoli	~Green Bean	~*Mixed Veggies
11:30 AM.	*Mandarin	*Fresh Orange	*Fresh Strawberry	Black Beans
(Whole Wheat Roll	Vanilla Pudding	Whole Wheat Roll	*Cantaloupe
	Butter	1% Milk	Butter	1% Milk
Stand Stall	1% Milk		1% Chocolate Milk	
7	8	9	10	11
Chicken and Waffle	Bell Pepper Steak	Pesto Fettucini	Homemade Chili	Lemon Baked Cod
Chicken Tender	Brown Rice	Green Salad w/ Beans	Cheese, Crema, Onion	Rice Pilaf
Belgium Waffle	~Steamed Broccoli	~Brussels Sprouts	Baked Potato	~* Mixed Veggies
Syrup	*Apricot Halves	Garlic Bread	Corn Bread	Fresh Apple
~Steamed Carrots	Whole Wheat Roll	*Kiwi	*Fresh Orange	*Mixed Berry Crisp
*Fresh Strawberry	Butter	1% Milk	1% Chocolate Milk	1% Milk
1% Milk	1% Milk	VEG		
14	15	16	17	18
Swedish Meatballs	Fish and Chips	Meatloaf	Spaghetti	BBQ Pork Chop
Buttered Noodles	Breaded Cod	Mash Potato	w/ Meat Sauce	Coleslaw
~Steamed Carrots	Tater Tots	Brown Gravy	~Steamed Broccoli	~*Mixed Vegetables
*Apricot Halves	~Brussels Sprout	~*Spinach	*Fresh Kiwi	Applesauce
Whole Wheat Roll	*Fresh Orange	Fresh Apple	Garlic Bread	Whole Wheat Roll
Butter	Tartar Sauce	Whole Wheat Roll	WW Bread Pudding	Butter
1% Milk	1% Milk	1% Milk	1% Milk	1% Chocolate Milk
21	22	23	24	25
Shephards Pie	Chicken Fried Steak ^S	Creamy Garlic	Portuguese Beans	Pasta Alfredo
~Peas and Carrots	Mash Potato	Pork Chop	Linguica w/ Pinto Beans	Italian Bean Salad
Whole Wheat Roll	Country Gravy	Brown Rice	~Collard Greens	~Steamed Carrots
Butter	*~Mixed Vegetables	~Brussels Sprouts	Corn Bread	*Cantaloupe
*Apricot Halves	*Fresh Orange	*Pineapple	*Fresh Kiwi	Garlic Bread
1% Milk	WW Bread Pudding	Whole Wheat Roll	1% Chocolate Milk	1% Milk
1701 1100	1% Milk	Butter		17011111
	2701 1111	1% Milk		VEG
28	29	30	31	
Shrimp Scampi	Sausage & Tater Tot	Cheeseburger	Clam Chowder	
~Steamed Broccoli	Casserole	Lettuce, Onion, Tomato	~*Mixed Veggies	
Garlic Bread	~Steamed Carrots	Special Sauce	Whole Wheat Roll	7 AL
*Fresh Strawberry	Whole Wheat Roll	Crinkle Cut Fries	Butter	VALE DECO PRINTARI
Vanilla Pudding	Butter	~Brussels Sprouts	*Mandarin	
1% Milk	*Fresh Orange	*Pineapple	1% Chocolate Milk	ANN BERNER
	1% Milk	1% Milk		
^S Meal Contains >1000mg of sodium. Each meal meets 1/3 minimum daily nutritional requirements. ~ Vitamin A Source * Vitamin C Source				
VEG Vegetarian ^S Meal Contains >1000mg of sodium.				