



www.loelcenter.org

May 2025

LOEL Foundation is a private non-profit 501c3



Who will be the winner this year?

This annual fundraiser helps with funding food costs for our meal programs. Every ticket purchased is a chance to win a **cash prize**!



How to Enter:

Inside this newsletter, you will find an envelope with raffle tickets enclosed. Simply fill out the tickets with your name and phone number, then return them with your payment either in person at the LOEL Center or by mail.

The drawing will be held in August and the date will be advertised in the newsletter. *Need not be present to win.*



In 2024, this	fundraiser bro	ought in \$9,	,145 that	went di	irectly to	our
	n	neal prograi	ms.			

Thank you to all that have made this fundraiser a success year after year. We couldn't do what we do without the community's help.

Services offered at LOEL

Paralegal Services

Paralegal services are available on the 1st Wednesday of each month **By appointment only**

In-Touch Calling

Personal phone calling service that telephones seniors who live alone in the greater Lodi area

Meals on Wheels

This program is available for seniors 60 years or older, who live in the greater Lodi area and are homebound

For more information call 209.365.0572

HICAP

(Health Insurance Counseling for Medicare) **By appointment only**

Blood Pressure Checks

Tuesdays at 9:00 AM Walk-ins are welcome

Brain Builders

This class meets 2nd & 4th Thursday

Reservation Required

Fridays Frozen Meals

Stop by and purchase a frozen meal 12:00 noon — \$4.00 per meal (limit 4)

For more information about any of these services Please call the front desk 209.369.1591

Movies at LOEL| Thurs. May 8 at 12:30 P.M.

<u>"Patch Adams"</u>

Starring: Robin Williams

Meet Patch Adams (Academy Award-winner Robin Williams), a doctor who doesn't look, act or think like any doctor you've met before. For Patch, humor is the best medicine, and he's willing to do just about anything to make his patients laugh—even if it means risking his own career. Based on a true story, Patch Adams combines side-splitting humor with an inspiring story that transcends the traditional comedy.



Rated: PG-13 1 Hour, 55 Minutes

Come and enjoy the free movie & popcorn!

March Donations

Alice Maple **Amy Morita** Ann Taylor Antonia Iturbide **Audrey Smith** Bill Wright **Bobbie Landau** Carolyn Hushour Davanna Schmiedt Dr Ram & Radhika Rao Ed Rosa Foster Lumber Gerald & Virginia Houtsma Irma Rodriquez Jerry & Ruth Heminger Jo Alice Kamrar Linda Duck Randy & Susan Riggs Roberts Retirement Group Rose Gabrys St Peter Lutheran Church Steven Paoletti

Thank you!



The Lodi Senior Commission



Senior Social Café

Friday, May 2, 2025 from 9:00-10:00 a.m.



Come Meet Your Commission!

-Resource Information -Social Time -Guest Speaker -Light Snacks





LOEL FOUNDATION BOARD OF DIRECTORS: Loris Bakken, Kate Diehl, Daphne Felde, Ryan Holz, Tim Ortegel, Ralph Cesena. Mark Wallace. Tod Patterson. Jennifer Miller



Hours Of Operation

Monday-Thursday: 8:00 a.m.- 4:00 p.m.

Friday: 8:00 a.m.-1:00 p.m.

Activities						111day. 0.00 a.m1.00 p.m.				
Monday		Tuesday		Wednesday		Thursday		Friday		
	C**	Tring may	Phower Plower	**		1 Exercise Poker Pickleball	8:30 12:00 1:00	2 Senior Social Café Knitting/Crochet (all levels) Line Dancing Beg Adv	9:00 9:00 9:30 10:30	
5 Exercise Hand & Foot Widows Meeting Widows Pinochle Trump Whist Mexican Train Yoga	8:30 9:00 10:30 12:30 12:30 12:30 2:00	6 Exercise Blood Pressure Dup Bridge *Bingo	8:30 9:00 12:30 1:00	7 Exercise Paralegal Mah-Jongg *Tai Chi	8:30 9:30 10:00 2:00	8 Exercise Brain Builders Poker Afternoon at the Movies	8:30 9:30 12:00 12:30	(all levels) Line Dancing Beg Adv	9:00 9:30 10:30	
12 Exercise Hand & Foot Bridge Trump Whist Mexican Train Yoga	8:30 9:00 12:30 12:30 12:30 2:00	13 Exercise Blood Pressure Dup Bridge *Bunco	8:30 9:00 12:30 1:00	14 Exercise Mah-Jongg Mobile Farmers Market Bridge *Tai Chi	10:00	15 Exercise Adventist Health Lodi Memorial Poker Pickleball Book Buddies	8:30 10:00 12:00 1:00 1:00	16 Knitting/Crochet (all levels) Line Dancing Beg Adv	9:00 9:30 10:30	
19 Exercise Hand & Foot Welbe Health Fall Prevention Widows Pinochle Trump Whist Mexican Train Yoga	8:30 9:00 10:00 12:30 12:30 12:30 2:00	20 Exercise Blood Pressure Dup Bridge *Bingo	8:30 9:00 12:30 1:00	21 Exercise Mah-Jongg *Tai Chi	10:00	22 Exercise Brain Builders Poker	8:30 9:30 12:00	23 Knitting/Crochet (all levels) Line Dancing Beg Adv	9:00 9:30 10:30	
26 CLOSEI		27 Exercise Blood Pressure Dup Bridge Newcomers Pinochle *Bunco	8:30 9:00 12:30 12:30 1:00	28 Exercise Mah-Jongg Bridge *Tai Chi	10:00 12:30	29 Exercise Alzheimer's Workshop Poker	8:30 10:00 12:00	30 Knitting/Crochet (all levels) Line Dancing Beg Adv	9:00 9:30 10:30	

*Fee associated with activity
Bingo \$10.00 (first pack) — Bunco \$5.00 per person — Tai-Chi \$6.00 per person

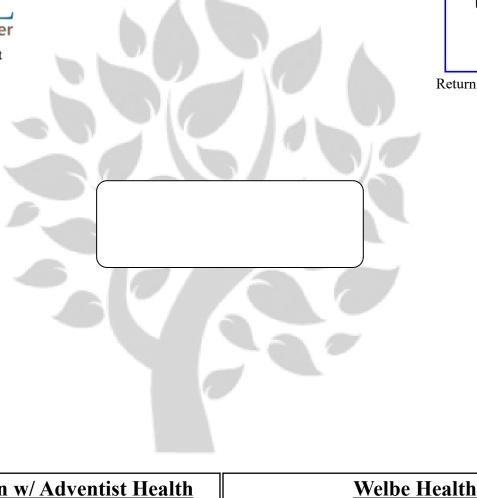
LOEL SENIOR CENTER STAFF: Janelle Wilkinson, Rose Juarez, Victoria Wattenbarger, Curtis Booher, Robin Hackler, Dawn Carvalho, Mike Twitty, Tina Mercer, Gonzalo Delgado, Yvonne Porras Torres, Anson Souza, Melissa Theam



105 South Washington St Lodi, CA 95240

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Return Service Requested



Stroke Education w/ Adventist Health Lodi Memorial

Thursday, May 15, 2025 10:00 A.M.

Adventist Health Lodi Memorial is celebrating 35 years of providing acute rehabilitation for patients who have suffered strokes. Join us as part of our mission to educate the community on stroke prevention and care, including: signs & symptoms of stroke, stroke prevention, afterstroke care, information on inpatient acute care, and what



to ask when choosing a rehabilitation facility.

Fall Prevention Workshop Monday, May 19, 2025 10:00 A.M

Join us for an educational workshop

Falls are not inevitable part of aging. Falls are a leading cause of injury for people aged 65 and older, but they are not an inevitable part of aging!



Alzheimer's Workshop Thursday, May 29, 2025 10:00 A.M.

A brief overview of Alzheimer's Association services. Topics include the impact of Alzheimer's risk factors, warning signs and how others can join the fight against the disease. Join us to explore meaningful self-care strategies and learn to tend to your own well-being with practical tools for everyday life.



To register: Call the Alzheimer's Association at 800-272-3900 or register at tinyurl.com/alzaware0525

LOEL will be closed Monday, May 26, 2025 in observation of Memorial Day.

Happy Memorial Day!

