May

LOEL senior center

Reservations & Cancellations:
Please call (209) 365-0572, up to **7 days** in advance if you would like to join us for lunch. Please call at least **24 hours** in advance to cancel your reservation, or cancel your Home Delivered Meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
$4.00 Suggested Lunch Contribution. **Lunch served daily at 11:30 AM.** **~** Vitamin A Source ***** Vitamin C Source **VEG** Vegetarian **^S** Meal Contains >1000mg of sodium. Each meal meets 1/3 minimum daily nutritional requirements.			**1** **Fettucini Alfredo** Pasta w Cream Sauce ~Spinach Italian Bean Salad Garlic Bread *Cantaloupe 1% Milk VEG	**2** **Cajun Cod** Rice Pilaf ~Squash & *Broccoli Roll w Butter *Pineapple 1% Chocolate Milk
5 **Creamy Garlic Chicken** Mash Potato ~Carrots Roll w Butter *Orange 1% Milk	**6** **Sausage & ~Peppers** Penne Pasta Peas & Pearl Onion Roll w Butter *Ambrosia 1% Milk	**7** **Chicken Cordon Bleu** Mash Potato Green Beans Roll w Butter *Kiwi 1% Milk **^S**	**8** **Beef Chili** Cheese, Onion, & Sour Cream Baked Potato *~Mixed Veggies Roll w Butter Apple 1% Milk	**9** **Mushroom Risotto** ~Roasted Squash Green Salad w~Bell Pepper Garlic Bread *Strawberry 1% Chocolate Milk
12 **Salisbury Steak** Mash Potato Mushroom Gravy *Brussel Sprout Roll w Butter Apple 1% Milk	**13** **Spaghetti w/** **Meat Sauce** ~*Mixed Veggies Garlic Bread Peanut Butter Cookie *Cantaloupe 1% Milk	**14** **Kale & Gnocchi** **Casserole** *Broccoli Green Salad Roll w Butter *Orange 1% Milk VEG	**15** **BBQ Chicken** ~Carrot Potato Salad Roll w Butter *Strawberry 1% Chocolate Milk	**16** **Fish & Chips** Breaded Cod Tater Tots ~Spinach Coleslaw *Mandarin 1% Milk
19 **Shrimp Scampi** ~Peas & Carrot Garlic Bread Mozzarella Stick *Strawberry 1% Milk	**20** **Swedish Meatballs** Buttered Noodles *Brussel Sprout Roll w Butter ~Apricot 1% Milk	**21** **Chicken Fried Steak ^S** Mash Potato Country Gravy ~Carrot Roll w Butter *Kiwi 1% Milk	**22** **Baked Ziti w Sausage** Marinara Sauce *Broccoli Garlic Bread *WG Berry Crisp Pear 1% Milk	**23** **Chicken Pot Pie** ~*Mixed Veggies Cucumber Salad Roll w Butter *Mandarin 1% Chocolate Milk
26 **CLOSED**	**27** **Tuna Casserole** ~*Mixed Veggies ~Carrot Raisin Salad Roll w Butter *Pineapple 1% Milk	**28** **Meatloaf** Mash Potato Brown Gravy ~Carrot Roll w Butter *Orange 1% Milk	**29** **Biscuit & Gravy** Buttermilk Biscuit Sausage Gravy *Broccoli ~*Kale Salad *Strawberry 1% Chocolate Milk	**30** **Chicken Marsala** Buttered Noodles *Brussel Sprout Roll w Butter Chocolate Pudding ~Apricot 1% Milk