

May



LOEL
senior center

Reservations & Cancellations:

Please call (209) 365-0572, up to 7 days in advance if you would like to join us for lunch. Please call at least 24 hours in advance to cancel your reservation, or cancel your Home Delivered Meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>\$4.00 Suggested Lunch Contribution. Lunch served daily at 11:30 AM.</p> <p>~ Vitamin A Source * Vitamin C Source VEG Vegetarian ^S Meal Contains >1000mg of sodium.</p> <p>Each meal meets 1/3 minimum daily nutritional requirements.</p>			<p>1 Fettucini Alfredo Pasta w Cream Sauce ~Spinach Italian Bean Salad Garlic Bread *Cantaloupe 1% Milk VEG</p>	<p>2 Cajun Cod Rice Pilaf ~Squash & *Broccoli Roll w Butter *Pineapple 1% Chocolate Milk</p>
<p>5 Creamy Garlic Chicken Mash Potato ~Carrots Roll w Butter *Orange 1% Milk</p>	<p>6 Sausage & ~Peppers Penne Pasta Peas & Pearl Onion Roll w Butter *Ambrosia 1% Milk</p>	<p>7 Chicken Cordon Bleu Mash Potato Green Beans Roll w Butter *Kiwi 1% Milk ^S</p>	<p>8 Beef Chili Cheese, Onion, & Sour Cream Baked Potato *~Mixed Veggies Roll w Butter Apple 1% Milk</p>	<p>9 Mushroom Risotto ~Roasted Squash Green Salad w~Bell Pepper Garlic Bread *Strawberry 1% Chocolate Milk</p>
<p>12 Salisbury Steak Mash Potato Mushroom Gravy *Brussel Sprout Roll w Butter Apple 1% Milk</p>	<p>13 Spaghetti w/ Meat Sauce ~*Mixed Veggies Garlic Bread Peanut Butter Cookie *Cantaloupe 1% Milk</p>	<p>14 Kale & Gnocchi Casserole *Broccoli Green Salad Roll w Butter *Orange 1% Milk VEG</p>	<p>15 BBQ Chicken ~Carrot Potato Salad Roll w Butter *Strawberry 1% Chocolate Milk</p>	<p>16 Fish & Chips Breaded Cod Tater Tots ~Spinach Coleslaw *Mandarin 1% Milk</p>
<p>19 Shrimp Scampi ~Peas & Carrot Garlic Bread Mozzarella Stick *Strawberry 1% Milk</p>	<p>20 Swedish Meatballs Buttered Noodles *Brussel Sprout Roll w Butter ~Apricot 1% Milk</p>	<p>21 Chicken Fried Steak ^S Mash Potato Country Gravy ~Carrot Roll w Butter *Kiwi 1% Milk</p>	<p>22 Baked Ziti w Sausage Marinara Sauce *Broccoli Garlic Bread *WG Berry Crisp Pear 1% Milk</p>	<p>23 Chicken Pot Pie ~*Mixed Veggies Cucumber Salad Roll w Butter *Mandarin 1% Chocolate Milk</p>
<p>26</p> 	<p>27 Tuna Casserole ~*Mixed Veggies ~Carrot Raisin Salad Roll w Butter *Pineapple 1% Milk</p>	<p>28 Meatloaf Mash Potato Brown Gravy ~Carrot Roll w Butter *Orange 1% Milk</p>	<p>29 Biscuit & Gravy Buttermilk Biscuit Sausage Gravy *Broccoli ~*Kale Salad *Strawberry 1% Chocolate Milk</p>	<p>30 Chicken Marsala Buttered Noodles *Brussel Sprout Roll w Butter Chocolate Pudding ~Apricot 1% Milk</p>

June



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Creamy Veggie Pasta Peas and Parmesan ~Balsamic Carrots Italian Bean Salad Garlic Bread *Orange 1% Milk VEG	3 Chicken Cordon Bleu ^S Mash Potato Garlic Green Beans Roll w/ Butter *Cantaloupe 1% Milk	4 Beef Chili Cheese, Onion, Sour Cream Baked Potato *~Mixed Veggies Roll w/ Butter Apple 1% Milk	5 Mushroom Risotto ~Roasted Squash Green Salad Garlic Bread *Strawberry 1% Milk	6 Lemon & Garlic Cod Rice Pilaf *Roasted Cauliflower Roll w/ Butter ~Apricot 1% Chocolate Milk
9 Creamy Garlic Chicken Rice Pilaf *Broccoli Gratin Roll w/ Butter *Strawberry 1% Milk	10 Sausage & ~Peppers Penne Pasta Peas & Pearl Onion Garlic Bread *Ambrosia Apple 1% Milk	11 Meatloaf Mash Potato Brown Gravy ~Balsamic Carrot Roll w/ Butter *Orange 1% Milk	12 Fish & Chips Breaded Cod Tater Tots ~Roasted Squash Coleslaw *Cantaloupe 1% Chocolate Milk	13 Chicken Marsala Buttered Noodles *Cheesy Brussels Roll w/ Butter Watermelon 1% Milk
16 Salisbury Steak Mash Potato Mushroom Gravy *Cheesy Brussels Roll w/ Butter Apple 1% Milk	17 Spaghetti w/ Meat Sauce ~*Mixed Veggies Garlic Bread Chocolate Pudding ~Apricot 1% Milk	18 Kale & Gnocchi Casserole ~Roasted Squash Green Salad w Kidney Roll w/ Butter *Orange 1% Milk VEG	19 BBQ Chicken ~Creamed Spinach Potato Salad Roll w/ Butter *Strawberry 1% Chocolate Milk	20 Shrimp & Sausage Gumbo Brown Rice ~Peas & Carrot Cornbread Butter *Cantaloupe 1% Milk
23 Shrimp Scampi Garlic Green Beans Green Salad Lemon Vinaigrette Garlic Bread *Strawberry 1% Milk	24 Swedish Meatballs Buttered Noodles *Cheesy Brussels Roll w/ Butter ~Apricot 1% Milk	25 Chicken Fried Steak ^S Mash Potato Country Gravy ~Balsamic Carrot Roll w/ Butter *Kiwi 1% Milk	26 Baked Ziti w Sausage Marinara Sauce ~Roasted Squash Garlic Bread *WG Peach Crisp Apple 1% Milk	27 Chicken Pot Pie *Roasted Cauliflower Cucumber Salad Roll w/ Butter *Mandarin 1% Chocolate Milk
30 Tuna Casserole ~Roasted Squash ~Carrot Raisin Salad Roll w/ Butter *Pineapple 1% Milk	<p>\$4.00 Suggested Lunch Contribution. Lunch served daily at 11:30 AM. ~Vitamin A Source *Vitamin C Source VEG Vegetarian</p> <p>^S Meal Contains >1000mg of sodium. Each meal meets 1/3 minimum daily nutritional requirements.</p>			

